

LESSON PLAN: HAIR DRESSING

DISCIPLIN: BEAUTY CULTURE	SEMESTER: 2nd	NAME OF FACULTY: SOUMYA SEPHALIKA ROUT
Subject: Hair dressing	No. Of days / Per Week class allotted: 4	Semester From Date: 09/1/2026 To Date: 8/05/2026
Week	Class/ Day	Theory
1st	1st	Classification / Analysis of hair
	2nd	Classification / Analysis of hair
	3rd	Chemistry of color
	4th	Color Wheel
2nd	1st	Color Wheel
	2nd	Color Wheel
	3rd	Classification of hair Colour: Temporary, Semi permanent
3rd	1st	Classification of hair Colour: Temporary, Semi permanent
	2nd	Classification of hair Colour: Temporary, Semi permanent
	3rd	Color application on global color application, On virgin hair, On colored hair
	4th	Color application on global color application, On virgin hair, On colored hair
4th	1st	Color application on global color application, On virgin hair, On colored hair
	2nd	Advantages and disadvantages of hair colour
	3rd	Advantages and disadvantages of hair colour
	4th	Safety precautions for hair colouring
5th	1st	Safety precautions for hair colouring
	2nd	History of wigs.
	3rd	History of wigs.
	4th	History of wigs.
6th	1st	Types of wigs.
	2nd	Types of wigs.
	3rd	Types of wigs.
	4th	Different types of hair pieces.
7th	1st	Different types of hair pieces.
	2nd	The basic principles of hair cutting and shaping including handling various hair densities
	3rd	The basic principles of hair cutting and shaping including handling various hair densities
	4th	The basic principles of hair cutting and shaping including handling various hair densities
8th	1st	The basic principles of hair cutting and shaping including handling various hair densities
	2nd	Cleansing and drying of hair pieces.
	3rd	Cleansing and drying of hair pieces.
	4th	Cleansing and drying of hair pieces.
9th	1st	Maintenance of artificial hair pieces.
	2nd	Maintenance of artificial hair pieces.

7th	3rd	Blow dry styling technique
	4th	Blow dry styling technique
10th	1st	Hair pressing
	2nd	Hair pressing
	3rd	Hot roller styling
	4th	Hot roller styling
11th	1st	Precaution to be taken during thermal setting and styling procedure
	2nd	Precaution to be taken during thermal setting and styling procedure
	3rd	Electrical massage by high frequency and infra red lamp
	4th	Electrical massage by high frequency and infra red lamp
12th	1st	Electrical massage by high frequency and infra red lamp
	2nd	Analysis of hair
	3rd	Analysis of hair
	4th	Analysis of hair
13th	1st	Chemical hair relaxing products
	2nd	Chemistry of hair relaxing process
	3rd	Neutralizer
	4th	Procedure
14th	1st	REVISION
	2nd	REVISION
	3rd	REVISION
	4th	REVISION
15th	1st	REVISION
	2nd	REVISION
	3rd	REVISION
	4th	REVISION

PTGF · BC · Dept ·

Saumyauphanika Roul

9.1.26

H.O.D. BC Dept.

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9/1/26

LESSON PLAN: BEAUTY CULTURE

DISCIPLIN:BEAUT Y CULTURE	SEMESTER:4th	NAME OF FACULTY: SOUMYA SEPHALIKA ROUT
Subject: beauty culture	No. Of days / Per Week class allotted: 4	Semester From Date: 22/12/2025 To Date:18/04/2026
Week	Class/ Day	Theory
1st	1st	Facial Treatments 10 1.1 Introduction to Facial Treatments
	2nd	Skin Anatomy and Classification
	3rd	Types of Skin: Normal, Oily, Dry, Combination, Sensitive
	4th	Advanced Skin Types and Conditions
2nd	1st	Treatment for Acne, Open Pores, Hyperpigmentation
	2nd	Equipment, Cosmetics, and Implements Used in Facials
	3rd	Tools: Brushes, Sponges, Vaporizers, Steamers, Extractors
3rd	1st	Effect of Facial Treatments on Skin Health
	2nd	Precautions and Safety During Facial Treatmen
	3rd	Home-Based Skincare for Maintaining Healthy Skin
	4th	Home-Based Skincare for Maintaining Healthy Skin
4th	1st	Sterilization and Sanitation of Facial Implements
	2nd	Types of Facial Masks and Their Benefits
	3rd	Techniques and Procedures for Facial Manipulation
	4th	Advanced Treatments: Galvanic, High-Frequency, Ultrasonic Therapy
5th	1st	Chemical Peels and Microdermabrasion
	2nd	Herbal and Natural Remedies for Skin Care
	3rd	Introduction to Professional Makeup Techniques
	4th	Structure of the Face in Terms of Bone Formation
6th	1st	Types of Skin for Makeup Application
	2nd	Corrective Makeup Techniques
	3rd	Concealing Imperfections and Enhancing Facial Features
	4th	Steps in Makeup Application Process
7th	1st	Different Types of Makeup
	2nd	Day, Evening, Party, Bridal, Model, Photographic
	3rd	Stage, Television, Open Air, Theatre Makeup
	4th	Professional Makeup Techniques
8th	1st	Contouring and Highlighting Techniques
	2nd	Eye Makeup and Eyelash Extensions
	3rd	Corrective Makeup for Different Face Shape
	4th	Advanced Makeup Tools: Airbrush, HD, Vegan Products
9th	1st	Organic and Vegan Beauty Products
	2nd	Permanent Makeup and Cosmetic Tattooing
	3rd	Non-Surgical Aesthetic Procedures
	4th	Botox, Fillers, and Laser Treatments
10th	1st	AI-based Skin Analysis and Diagnostic Tools
	2nd	3D Makeup Applications and Virtual Try-Ons
	3rd	Advancements in Beauty Technology and Devices
	4th	Definition and Study of Skin Aging
11th	1st	Alpha Hydroxy Acids (AHAs): Benefits and Application
	2nd	Beta Hydroxy Acids (BHAs): Uses in Anti-Aging Treatments
	3rd	Vitamin C and Other Anti-Aging Ingredients
	4th	Anti-Aging Procedures and Techniques
12th	1st	Risks and Complications of Anti-Aging Treatments
	2nd	Skin Exfoliation Techniques
	3rd	Choosing the Right Exfoliant for Skin Types
	4th	Methods and Tools for Effective Exfoliation
	1st	Sun Exposure and Skin Health

13th	2nd	Benefits of Sunshine and Vitamin D
	3rd	Effects of Sun on Skin Health
	4th	Tanning Facts and Myths
14th	1st	Ultraviolet Light Damage: Prevention and Treatment
	2nd	Risks and Complications of Anti-Aging Treatments
	3rd	REVISION
	4th	REVISION
15th	1st	REVISION
	2nd	REVISION
	3rd	REVISION
	4th	REVISION

DTHF. BC Dept.
 Sunny Joseph Kapoul
 22.12.25
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