

AROMATHERAPY 4TH SEM

2marks

- a. What do you mean Aroma Oil ?
- b. What is Stress?
- c. Write two essential oil for hair therapy .
- d. Write two holistic approach of aromatherapy.
- e. What is the benefits tea tree essential oil ?
- f. Which essential oil is good for wrinkle treatment ?
- g. Which essential oil does not use in pregnancy ?
- h. What are the properties lavender essential ?
- i. What is essential oil ?
- j. Write two symptomatic problem due to stress related problem.
- k.

2. Marks

- a. Give a brief note about steam distillation method .
- b. Give a brief note about solvent extraction .
- c. Write down how aromatherapy deal with stress .
- d. Give a brief note about Carbon dioxide method ?
- e. Write about history of aromatherapy ?
- f. Write about use & precaution for the following essential oil
(i) Rosemary (ii) Chamomile .
- g Give a brief note about steam distillation methods .

10 marks.

- 3 Write about dry method of extraction of essential oil & with a suitable example .
- 4 Give a brief note about cold pressing method & its benefits, contraindication & precaution.
- 5 What is Holistic approach of aromatherapy of health & life ? 10
- 6 What is carrier oil essential oil ? Prepare suitable regional carrier oil & essential oil to deal with various ailment through the body massage ?